



Tumut Public School

MILSON ISLAND EXCURSION

Dear Parents and Carers,

The Stage 3 2021 excursion to Milson Island Sport and Recreation Camp will take place on Tuesday 20th July to Friday 23rd July 2021 in line with current COVID restrictions and health guidelines. The information below outlines key travel, medical, dietary and requirement information for this camp.

Departure:

Goodes Coaches will depart Tumut Public School at 5:00am on Tuesday 20th July 2021. Please ensure you arrive at school by 4:40am.

Return:

Goodes Coaches will return to Tumut Public School at 7:30pm on Friday 23rd July 2021. Return travel time updates will be communicated via the school Facebook page.

Day One:

Students are required to bring a small backpack with recess, lunch and a water bottle for the first day. The water bottle can be refilled at the camp each day.

Medical Information and Dietary Requirements: MANDATORY

The NSW Department of Sport and Recreation requires specific medical and dietary information about your child prior to attending the camp. **All parents are required to complete the form in order for your child to attend the camp by 24th June 2021.**

Please log in to the following web address:

<https://bit.ly/3vGsDoJ>

and put in our school booking number - **15802**. The school will receive updates to let us know who has submitted their forms and allow us to making activity groups and assign sleeping arrangements.

Souvenirs:

Students will have the opportunity to purchase souvenirs (optional) on the final day of camp. Prices range from \$5- \$25 and include items such as rulers, pens, hats, drink bottles etc. If your child wishes to purchase a souvenir, please **provide money in a zip lock bag clearly labelled with your child's name**. Please hand in to the **office the week before we leave (Week 1, Term 3)** and teachers will hand out on the last day of camp.

Day Four Travelling Home and Dinner:

After leaving camp, students will be provided with fruit and biscuits for afternoon tea. Goode's coaches will stop at Yass Service Centre for dinner. Please put **\$15 in a zip lock bag with your child's name** on it for dinner. This needs to be given to the **office the week before we leave (Week 1, Term 3)**. Teachers will hand these out at the location.



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Packing Requirements:

Students are asked to pack the following items in a medium-sized bag.

- Face Mask ****MANDATORY****
- T-shirts and/or long sleeve shirts (**no singlets, sleeveless or midriff tops**)
- Jeans or cargo pants or tights
- Jumper and tracksuit pants
- Socks and underwear
- Raincoat
- Pyjamas
- Swimmers and rash shirt
- Hat
- Sunscreen, sunhat and sunglasses
- Lip balm
- Toiletries, including soap, roll on deodorant (**no aerosols**)
- Bath Towel
- Beach Towel
- **Pillow and a sleeping bag** (no bedding supplied by NSW Sport and Rec)
- Two pairs of sneakers (one old pair to wear in the water)**** IMPORTANT ****
- Plastic bags for dirty or wet clothes
- Medications (if required)

Handy hints

PLEASE LABEL all clothing, towels, footwear, pillow and sleeping bag with your child's name

Remember, your child will have to carry their own luggage, so make sure it's not too big or too heavy

What NOT to bring to camp:

- **Mobile and Smart phones**
- Aerosol cans (eg. spray on deodorant or insect repellent)
- Thongs, Ugg boots or slippers (these cannot be worn around the centre or on activities)
- iPods/ MP3 players/ iPads/ Tablets/ Smart Watches
- Cameras
- Computer/video games
- Lollies or chewing gum
- Jewellery
- Anything valuable
- Fidget toys
- Poor attitude



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Medication:

Any prescription medication that needs to be administered by teachers during the camp must be provided to teachers on the **morning of the excursion in a labelled zip lock bag**. All medication must be in its original packaging and be clearly labelled with your child's name.

Any medication to be administered during the excursion must be completed on the following form and handed in with the medication.

I give permission for my child _____ from class _____ to be administered the medication listed below.

Signed: _____ Date: _____ Name printed: _____

Medication to be administered during the excursion			
Name of Medication	Time of Administration	Dosage	Possible Reaction

Travel Sickness:

If your child experiences travel sickness, please provide them with enough medication for the journey there and back. Please indicate below the type of medication and the amount required above.



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Emergency Contact Details:

In case of an emergency whilst we are away on camp, please indicate below the two best people to contact including a daytime and night time contact number.

Emergency Contact Person 1: _____

Daytime contact number: _____ Night time contact number: _____

Emergency Contact Person 2: _____

Daytime contact number: _____ Night time contact number: _____

Dietary Requirements:

If your child has any special dietary requirements, please indicate below so that the teachers are aware.

Thank you,

Stage 3 Teachers